



Kathy Allen

Kathy is a licensed counselor who holds a Master's degree in clinical psychology from Wheaton College. She is a full-time counselor at Cornerstone Counseling Foundation where she specializes in working with adults and couples. She will co-lead one of the enrichment groups and be available for individual or couples counseling or consultation.



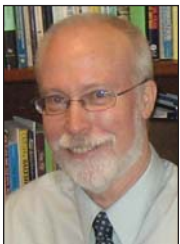
Dr. Jenny Pak

Jenny is Assistant Professor of Psychology at Biola University where she conducts and supervises narrative research. She specializes in cross-cultural counseling and in-depth integration of meaning and emotion in psychotherapy with individuals, children, couples and families. Jenny will assist with the daily Counselor Training Workshop and be available for consultation and counseling.



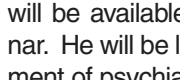
Dr. Tim Friesen

Tim is a licensed psychologist who was the Founding Director of Cornerstone Counseling Foundation. He now lives and ministers in Grand Rapids, Michigan. Tim specializes in working with families and children and will discuss adjustment problems of children and dealing with anger in families and on missionary teams. He will also co-lead a Personal Enrichment Group and be available for individual or family consultation or counseling.



Dr. William Hoppe

Dr. Hoppe is a medical doctor with 30 years experience in psychiatry. Bill moved to Thailand with his family eight years ago. He serves as a consultant for missionaries throughout Asia. Bill



will be available for consultations during the seminar. He will be lecturing on the evaluation and treatment of psychiatric disorders.



Dr. Bill Kirwan

Bill is a Christian psychologist and ordained minister who has served on the faculties of Covenant Seminary and Trinity Evangelical Divinity School. He is the author of *Biblical Concepts for Christian Counseling* and has served on the Board of Directors of the World Presbyterian Mission. He will be leading the daily Counseling Training Workshop and be available for personal consultation or counseling.



John and Becky Leverington

John and Becky are Marriage and Family Therapists serving with SIL. In addition to providing counseling and crisis intervention to missionaries they offer consultation for mission administrators regarding personnel issues and child abuse prevention and response. John and Becky will co-lead one of the couples' enrichment groups and be available for individual and marital counseling and consultation.



Dr. Keith and Ginny Edwards

Keith is Professor of Psychology at Biola University. He specializes in couples' counseling and therapy for stress, anxiety, and depression. Keith has counseled and lectured at the Narramore Christian Foundation's Seminars for Ministers and Missionaries for more than twenty years. Keith and Ginny will lead a marriage enrichment group and be available for couples counseling and consultation.



Dr. Clark & Donell Campbell

Clark is Dean, Rosemead School of Psychology, Biola University. He works with individuals and couples on relationship issues, depression, and anxiety, as well as psychological aspects of physical disorders. Donell is a registered nurse with a graduate degree in organizational leadership. She has experience building effective teams and resolving conflicts in the workplace. Clark and Donell will co-lead a Personal Enrichment Group and be available for individual or couples counseling and consultation.

What other Missionaries & Pastors Have Said:

"Nothing except salvation has had a greater impact on me. The seminar helped me understand myself, which helped our marriage and our ministry. I don't know where our ministry would be without it."

"This seminar is the most help I have ever received on member care and counseling."

"The active listening workshop helped me begin to identify and practice some important counseling skills."

"I got in touch with some personal pain which has been zapping my ability to tolerate the stress of ministry. I am leaving with more relief than I can put into words."

"I was impacted theologically. The seminar helped me think through my entire understanding of how God heals and helps His children grow."

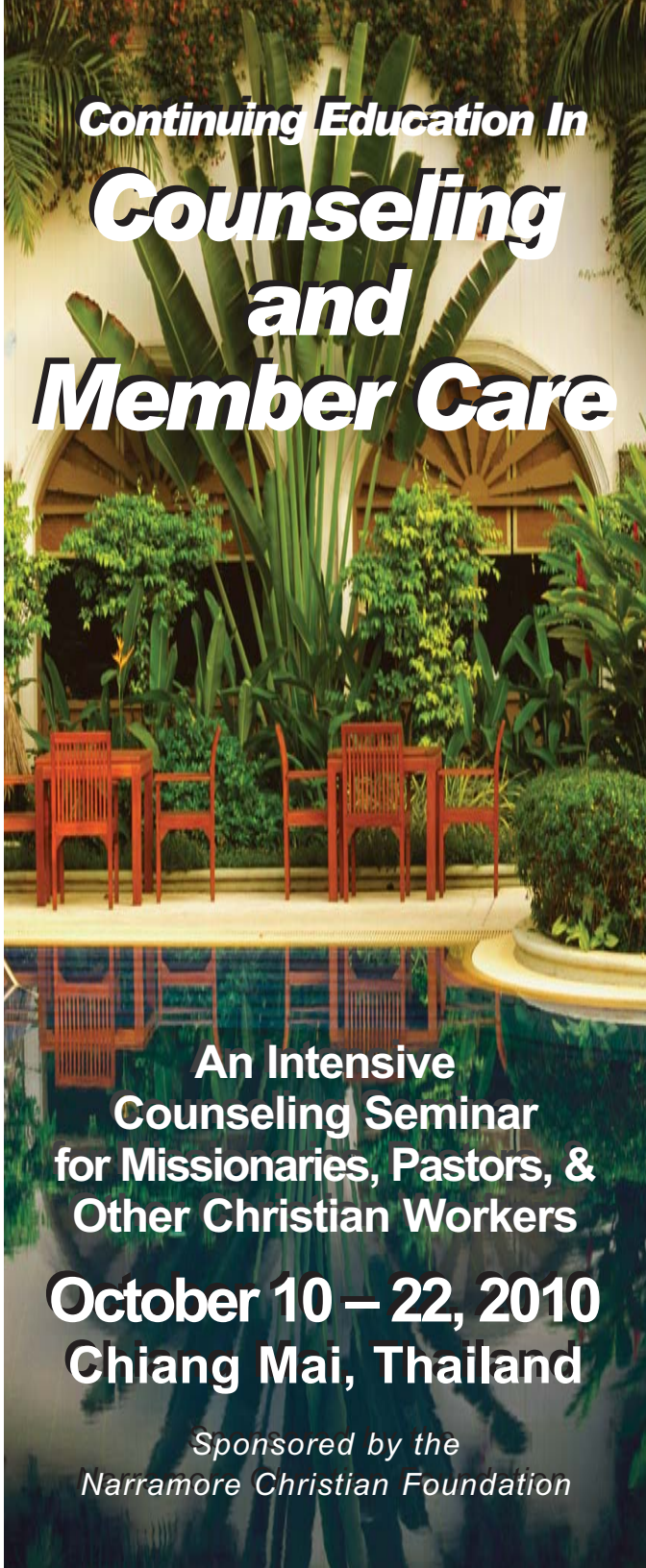
"I needed a break from our ministry. I got a new perspective on my life and work."



NARRAMORE CHRISTIAN FOUNDATION

EVERY PERSON IS WORTH UNDERSTANDING

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Continuing Education In Counseling and Member Care

An Intensive Counseling Seminar for Missionaries, Pastors, & Other Christian Workers

October 10 – 22, 2010 Chiang Mai, Thailand

Sponsored by the
Narramore Christian Foundation



OBJECTIVES

As a missionary, pastor, or other Christian leader, you are called to counsel a great variety of people. Yet seminary cannot adequately equip you to deal with the many problems you encounter in ministry. To meet this need, the Narramore Christian Foundation has developed an intensive counseling seminar. More than 2,000 people have taken this training in the U.S. Now this helpful Christian counseling seminar is being offered in Chiang Mai, Thailand.

The seminar will increase your counseling and member care skills. Your instructors will emphasize a strong integration of biblical and theological truth with practical psychological insights and counseling techniques.

CONTENT

Lecture and Discussion Topics:

- Biblical and Psychological Foundations for Member Care and Counseling
- Personality Dynamics and Adjustment
- Your Role in Comprehensive Member Care
- Dealing with Difficult Team Members
- The Emotional Life of Jesus
- Stress and Burnout
- Working with Emotions in Counseling
- Helping Couples in Conflict
- Fleshing Out the Doctrine of Sanctification
- Narcissistic and Borderline Personalities
- MKs with Special Needs (including ADHD)
- Working with Depression and Anxiety
- The Role of Psychotropic Medication
- Anger Management and Conflict Resolution


Special Elective Tracks:

Twelve hours of the seminar will be devoted to one of three elective skill building/experiential tracks. Participants will choose between:

- Basic Counseling Skills & Active Listening Training
- Small Personal Growth Group
- Small Couples Growth Group

Personal Growth Activities:

Participants will take a personality test



designed to enhance self observation and insight. Seminar staff members will be available for personal consultation or counseling during the seminar. There are no fees for the tests, counseling or consultation.

Elective Evening Mini Seminars:

At least two evening seminars will be offered on topics like:

- Sexual Abuse Prevention and Response
- Trauma Response

WHO MAY ATTEND?

Missionaries, pastors, educators, and other Christian workers and their spouses are invited to attend. Although this seminar is designed especially with missionary member care personnel in mind, the sessions include a broad range of counseling, problem solving and growth topics that apply to anyone in a people helping, pastoral care, or counseling ministry.

Since the seminar is more helpful when a couple attends together, married participants are strongly encouraged to attend with their spouses.

LOCATION

The seminar will be held in the beautiful Imperial Chiang Mai Resort and Spa Hotel. Resident participants will be able to use the swimming pool and other sports facilities.

COST

Although the actual cost of the seminar is more than \$2000 per person, friends of the Narramore Christian Foundation provide financial support so that the seminar can be offered for the following costs in Thai Baht. US dollar equivalents will be based on conversion rates at time of registration on October 10.

Private single room (Includes tuition, room and meals and all materials for the seminar.) Per person: Baht 32,500

Shared double room (Includes tuition, room and meals and all materials for the seminar.)

Per person: Baht 25,740

Per married couple: Baht 47,850



SCHEDULE

The seminar begins with registration and orientation on Sunday, October 10, 1:00-2:30 PM, followed by opening sessions and dinner. Monday through Friday schedule is from 8:30 AM to 5:00 PM with a two hour break at lunch. There will be at least two evening sessions. No meetings will be held on Saturday or Sunday, October 16 and 17, so that participants may use the time for personal relaxation, networking, sightseeing, shopping and worship.

The seminar ends with lunch on Friday, October 22 so that participants can make flight connections. Participants are strongly encouraged to arrange their departing transportation so that they can stay for the entire seminar. Participants can arrange to stay the evening of the 22nd at their own expense if a Saturday departure is more convenient or enables them to stay through the end of the seminar.

CERTIFICATE

Participants who complete the entire seminar will be given a certificate of completion suitable for framing.

REGISTRATION INFORMATION

Since registration will be limited to 35 participants, to avoid disappointment you are encouraged to apply as early as possible. To request application instructions or additional information on conference arrangements contact Cindy Hibma, Seminar Coordinator, at: cindyh@cornerstonecounseling.in.th

Cornerstone Counseling Foundation
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Don Chan Pattana
T. Thasala, A. Muang
Chiang Mai, 50000 Thailand
International Phone: 66-53-262-136-8

For additional program information contact:
Dr. Bruce Narramore at:
E-Mail: bruce@ncfliving.org



SEMINAR HOSTS & INSTRUCTORS

Your hosts for the seminar are Dr. Bruce and Kathy Narramore and Tim and Cindy Hibma.



Dr. Bruce Narramore

Bruce is a well-known Christian psychologist and author of nine books including *Help! I'm a Parent* and *Freedom From Guilt*. He is a Fellow of the Divisions of Clinical Psychology and Psychologists Interested in

Religious Issues of the American Psychological Association. Bruce will be teaching personality dynamics and adjustment, and growth and sanctification from an integrative biblical/theological and psychological perspective.



Kathy Narramore

Kathy served for fifteen years as Missions Pastor at the Whittier Area Community Church in California. She had responsibility for equipping and offering ongoing pastoral care, support and counseling to more than forty missionary families. Kathy is an MK from Asia. She will co-lead one of the Personal Enrichment Groups and be available for individual consultation and counseling.



Tim and Cindy Hibma

Tim is a licensed Clinical Social Worker and Director of Cornerstone Counseling Foundation. He specializes in working with adults and families and will co-lead one of the Enrichment Groups and be

available for individual or couple's counseling or consultation. Cindy is an RN who serves as Office Administrator for Cornerstone Counseling Foundation and Coordinator for the Member Care and Counseling Seminar.