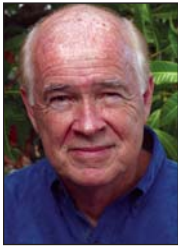




**Kathy Allen**

Kathy is a licensed counselor who holds a masters degree in clinical psychology from Wheaton College. She is a full-time counselor at Cornerstone Counseling Foundation where she specializes in working with adults and couples. She will co-lead one of the enrichment groups and be available for individual or couples counseling or consultation.



**Dr. Randy Butts**

Randy is a licensed psychologist who received his doctorate from the Rosemead School of Psychology, Biola University. He and his wife Kimber have recently moved to Chiang Mai where Randy is a therapist with Cornerstone Counseling Foundation. Randy will be co-leading an enrichment group and available for individual consultation or counseling.



**Dr. Tim Friesen**

Tim is a licensed psychologist who was the Founding Director of Cornerstone Counseling Foundation. He now lives and ministers in Grand Rapids, Michigan. Tim specializes in working with families and children and will discuss adjustment problems of children and dealing with anger in families and on missionary teams. He will also co-lead a Personal Enrichment Group and be available for individual or family consultation or counseling.



**Dr. William Hoppe**

Dr. Hoppe is a medical doctor with 30 years experience in psychiatry. Bill moved to Thailand six years ago along with LeaAnn, his wife, and four of their five children. He serves as a consultant for missionaries throughout Asia.



**Dr. Bill Kirwan**

Bill will be lecturing on the use of psychotropic medications and will be available for consultations during the seminar.

Bill is a Christian psychologist and ordained minister who has served on the faculties of Covenant Seminary and Trinity Evangelical Divinity School. He is the author of *Biblical Concepts for Christian Counseling* and has served on the Board of Directors of the World Presbyterian Mission. He will be leading the daily Counseling Training Workshop and be available for personal consultation or counseling.



**John and Becky Leverington**

John and Becky are licensed Marriage and Family Therapists serving with SIL. In addition to providing counseling and crisis intervention to missionaries they offer consultation for mission administrators regarding personnel issues and child abuse prevention and response. John and Becky will co-lead one of the missionary enrichment groups and be available for individual counseling and consultation.



**Dr. Keith and Ginny Edwards**

Keith is Professor of Psychology at Biola University. He specializes in couples' counseling and therapy for stress, anxiety, and depression. Keith has counseled and lectured at the Narramore Christian Foundation's Seminars for Ministers and Missionaries for more than twenty years. Keith and Ginny will lead a marriage enrichment group and be available for couples counseling and consultation.



**Dr. Cherry Steinmeier**

Cherry is Assistant Professor of Psychology at Biola University where she specializes in counselor training and individual psychotherapy with adults. Cherry will assist with the daily Counselor Training Workshop and be available for consultation and counseling. Cherry is also the Chairperson of the Board of Directors of the Narramore Christian Foundation.

**What other Missionaries & Pastors Have Said:**

"Nothing except salvation has had a greater impact on me. The seminar helped me understand myself, which helped our marriage and our ministry. I don't know where our ministry would be without it."

"This seminar is the most help I have ever received on member care and counseling."

"The active listening workshop helped me begin to identify and practice some important counseling skills."

"I got in touch with some personal pain which has been zapping my ability to tolerate the stress of ministry. I am leaving with more relief than I can put into words."

"I was impacted theologically. The seminar helped me think through my entire understanding of how God heals and helps His children grow."

"I needed a break from our ministry. I got a new perspective on my life and work."

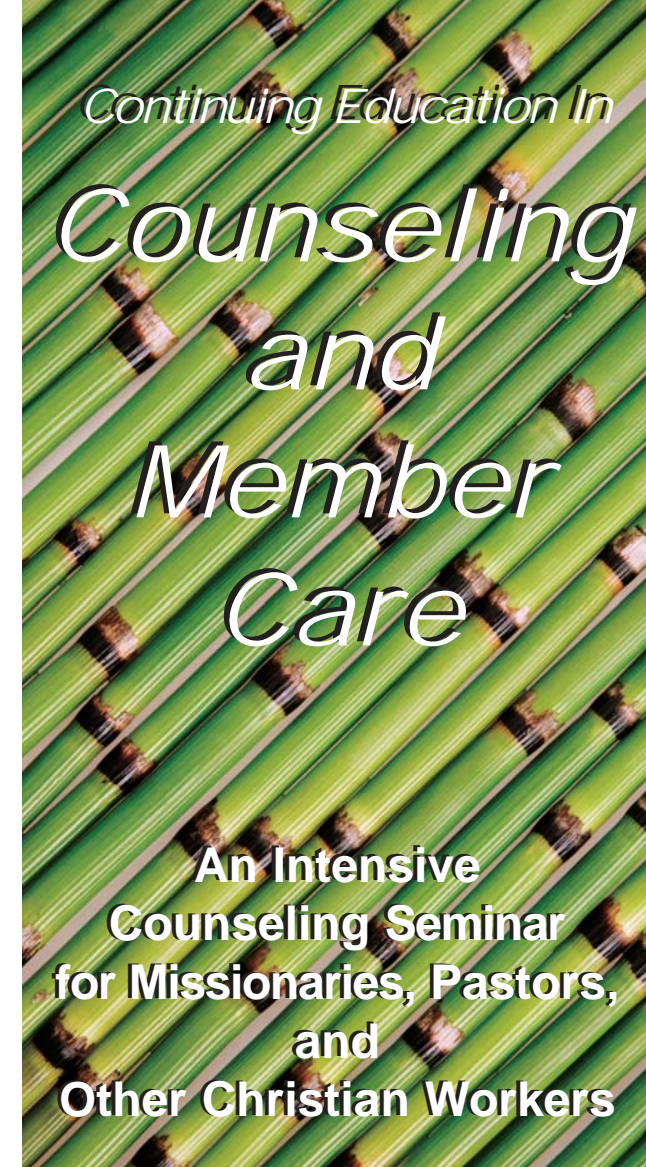
"The couples workshop enabled me to talk about painful previously unspoken things with my spouse."



**NARRAMORE CHRISTIAN FOUNDATION**

EVERY PERSON IS WORTH UNDERSTANDING

250 West Colorado Blvd., Suite 200 • Arcadia CA 91007  
P.O. Box 661900 • Arcadia, California 91066-1900  
Telephone (626) 821-8400 • fax (626) 821-8409  
ncfliving.org email: ncf@ncfliving.org



*Continuing Education In*  
**Counseling  
and  
Member  
Care**

**An Intensive  
Counseling Seminar  
for Missionaries, Pastors,  
and  
Other Christian Workers**

**October  
11 – 23, 2009**

**Chiang Mai, Thailand**

*Sponsored by the  
Narramore Christian Foundation*



## OBJECTIVES

As a missionary, pastor, or other Christian leader, you are called to counsel a great variety of people. Yet seminary cannot adequately equip you to deal with the many problems you encounter in ministry. To meet this need, the Narramore Christian Foundation has developed an intensive counseling seminar. More than 2,000 people have taken this training in the U.S. Now this helpful Christian counseling seminar is being offered in Chiang Mai, Thailand.

The seminar will increase your counseling and member care skills. Your instructors will emphasize a strong integration of biblical and theological truth with practical psychological insights and counseling techniques.

## CONTENT

### **Lecture and Discussion Topics**

- Biblical and Psychological Foundations for Member Care and Counseling
- Personality Dynamics and Adjustment
- Your Role in Comprehensive Member Care
- Dealing with Difficult Team Members
- The Emotional Life of Jesus
- Stress and Burnout
- Working with Emotions in Counseling
- Helping Couples in Conflict
- Fleshing Out the Doctrine of Sanctification
- Narcissistic and Borderline Personalities
- MKs with Special Needs (including ADHD)
- Working with Depression and Anxiety
- The Role of Psychotropic Medication
- Anger Management and Conflict Resolution


### **Special Elective Tracks:**

Twelve hours of the seminar will be devoted to one of three elective skill building/experiential tracks. Participants will choose between:

- Basic Counseling Skills & Active Listening Training
- Small Personal Growth Group
- Small Couples Growth Group

### **Personal Growth Activities:**

Participants will take a personality test



designed to enhance self observation and insight. Seminar staff members will be available for personal consultation or counseling during the seminar. There are no fees for the tests, counseling or consultation.

### **Elective Evening Mini Seminars:**

At least two evening seminars will be offered on topics like:

- Sexual Abuse Prevention and Response
- Trauma Response

## WHO MAY ATTEND?

Missionaries, pastors, educators, and other Christian workers and their spouses are invited to attend. Although this seminar is designed especially with missionary member care personnel in mind, the sessions include a broad range of counseling, problem solving and growth topics that apply to anyone in a people helping, pastoral care, or counseling ministry.

Since the seminar is more helpful when a couple attends together, married participants are strongly encouraged to attend with their spouses.

## LOCATION

The seminar will be held in the beautiful Imperial Chiang Mai Resort and Spa Hotel. Resident participants will be able to use the swimming pool and other sports facilities.

## COST

Although the actual cost of the seminar is more than \$1500 per person, friends of the Narramore Christian Foundation provide financial support so that the seminar can be offered for the following costs:

**Private single room** (Includes tuition, room and meals and all materials for the seminar.) Per person \$875 USD

**Shared double room** (Includes tuition, room and meals and all materials for the seminar.) Per person \$700 USD  
Per married couple \$1300 USD



## SCHEDULE

The seminar begins with registration and orientation on Sunday, October 11, 1:00-2:00 PM, followed by opening sessions and dinner. Monday through Friday schedule is from 8:30 AM to 5:00 PM with a two hour break at lunch. There will be at least two evening sessions. No meetings will be held on Saturday or Sunday, October 17 and 18, so that participants may use the time for personal relaxation, networking, sightseeing, shopping and worship.

The seminar ends with lunch on Friday, October 23 so that participants can make flight connections. Participants are strongly encouraged to arrange their departing transportation so that they can stay for the entire seminar. Participants can arrange to stay the evening of the 26 at their own expense if a Saturday departure is more convenient or enables them to stay through the end of the seminar.

## CERTIFICATE

Participants who complete the entire seminar will be given a certificate of completion suitable for framing.

## REGISTRATION INFORMATION

Since registration will be limited to 35 participants, to avoid disappointment you are encouraged to apply as early as possible. To request application instructions or additional information on conference arrangements contact Cindy Hibma, Seminar Coordinator, at: [cindyh@cornerstonecounseling.in.th](mailto:cindyh@cornerstonecounseling.in.th)

Cornerstone Counseling Foundation  
285/86 Moo 4  
Don Chan Pattana  
T. Thasala, A. Muang  
Chiang Mai, 50000 Thailand  
International Phone: 66-53-262-136-8

For additional program information contact:  
Dr. Bruce Narramore at:  
E-Mail: [bruce@ncfliving.org](mailto:bruce@ncfliving.org)



## SEMINAR HOSTS & INSTRUCTORS

Your hosts for the seminar are Dr. Bruce and Kathy Narramore and Tim and Cindy Hibma.



### **Dr. Bruce Narramore**

Bruce is a well-known Christian psychologist and author of nine books including Help! I'm a Parent and Freedom From Guilt. He is a Fellow of the Divisions of Clinical Psychology and Psychologists Interested in Religious Issues of the American Psychological Association. Bruce will be teaching personality dynamics and adjustment, and growth and sanctification from an integrative biblical/theological and psychological perspective.



### **Kathy Narramore**

Kathy served for fifteen years as Missions Pastor at the Whittier Area Community Church in California. She had responsibility for equipping and offering ongoing pastoral care, support and counseling to more than forty missionary families. Kathy is an MK from Asia. She will co-lead one of the Personal Enrichment Groups and be available for individual consultation and counseling.



### **Tim and Cindy Hibma**

Tim is a licensed Master's Social Worker and Director of Cornerstone Counseling Foundation. He specializes in working with adults and families and will co-lead one of the Enrichment Groups and be available for individual or couple's counseling or consultation. Cindy is an RN who serves as Office Administrator for Cornerstone Counseling Foundation and Coordinator for the Member Care and Counseling Seminar.